ALL THE RIGHT MOVES

RESIDENT HANDLING PARTICIPANT EVALUATION

| Name | Date | | |
|--------------|------------------|-----------|------------------------|
| Nursing Home | Initial Training | Refresher | Post Injury Evaluation |

| | | Α | В | С | D | E | F |
|----|----------------------------|---|---|---|---|--|---|
| | Skill | Turn 1 | Turn 2 | Side 1 | Side 2 | Up in Bed | Apply Sling |
| 1 | POCRA | Done | Done | Done | Done | Done | Done |
| 2 | Height of Bed | Knuckle | Knuckle | Knuckle | Knuckle | Knuckle | Knuckle |
| 3 | Resident Prep | Arms/Feet Crossed | Arms/Feet Crossed | Arms/Feet Crossed | Arms/Feet Crossed | Arms/Feet Crossed | Arms/Feet Crossed |
| 4 | Untuck Sheet | Done | Done | Done | Done | Done | Done |
| 5 | Get Second Caregiver | NA | Done | NA | Done | Done | Done |
| 6 | Sling Inspection | NA | NA | NA | NA | NA | Yes |
| 7 | Sling Applied Properly | NA | NA | NA | NA | NA | Yes |
| 8 | Proper Body Placement | Centre of Gravity | Shoulder& Hip Arms Crossed | Centre of Gravity | Shoulder& Hip Arms Crossed | Hip Level Facing Opposite End of Bed | Sit on Floor & Rock Back |
| 9 | Hand Placement | Grasp Sheet & Palms Down | NA |
| 10 | Proper Foot Placement | Walking Stance | Walking Stance |
| 11 | Cues Resident | Yes | Yes | Yes | Yes | Yes | Yes |
| 12 | Body Prep | Chest Up, Back Straight, Arms Braced | Chest Up, Back Straight, Arms Braced |
| 13 | Count Out Loud | 1-2-Load- Turn | 1-2-Load- Turn | 1-2-Load- Over | 1-2-Load- Over | 1-2-Load- Up | NA |
| 14 | Maintain Body Mechanics | Yes | Yes | Yes | Yes | Yes | Yes |
| 15 | Maintain Arm Brace | Yes | Yes | Yes | Yes | Yes | Yes |
| 16 | Post Assessment | Done | Done | Done | Done | Done | Done |

ATRM - E

| Areas to Watch | | | |
|-------------------------|----------------------|-------|------|
| | | | |
| Areas Well Done | | | |
| | | | |
| Evaluation Comments | | | |
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| | | | |
| Passed Course | Recommend Retraining | Other | |
| Instructor(s) Signature | | | Date |

ATRM - E Nov 2022